



## LASP COVID-19 GUIDELINES Current as of 11.17.20

The past several months have certainly been a challenge for everyone. All of us at the Lounsbury Adaptive Ski Program have been working hard to keep all of our staff and students safe in wake of the COVID-19 pandemic.

Unsurprisingly, there will be a few changes in our policies and protocols and even these changes could change as the pandemic situation continues to evolve. We ask that you carefully consider the following when making your plans for the upcoming ski season.

- Face coverings are mandatory at all times for all guests, instructors and students when inside all lodges and buildings if not seated and eating or drinking. They are also required when riding a chairlift. A 2-ply neck gator or “buff” that is pulled up is acceptable in place of a mask. There are no exceptions to this mandate even if a medical condition prevents someone from wearing a mask. Unfortunately, if your student is unable to comply with the face covering mandate, they will not be able to participate in our program this season.
- No personal clothing or equipment with the exception of wheelchairs, walkers or crutches may be left in a lodge or building during a lesson.
- The Ski School desk in the Main Lodge where most of our stand-up lessons have met in the past will be closed this season. Stand-up lessons will now meet in the Creekside Lodge located by the School Haus chairlift. Lift tickets and equipment rentals will also be handled out of Creekside.
- Lessons will begin one half hour earlier this season. Morning lessons will begin at 9am and afternoon lessons will begin at 12:30pm. This will help to relieve congestion in the Creekside Lodge during peak lesson times.
- The number of attending family members who accompany a student into our building will be limited to one.
- A parent or guardian will be required to provide a cell number and to remain nearby in case a lesson must be ended early.
- If your student gets up on the wrong side of their skis on the day of their lesson, please consider rescheduling. Our instructors will not be able to handle meltdowns by bringing a student inside for a “timeout”.
- Some students are prone to falling frequently and/or need a lot of physical support during the course of a lesson. In an effort to limit close physical contact between our students and instructors, we may ask that a family member or guardian to accompany those students on the lesson to help our instructors lift and/or attend to any special physical needs.

- Frigid temperatures combined with a high wind chill can make skiing conditions dangerous for many of our students and instructors. This is of particular concern for young children, persons with neurological conditions that prevent them from feeling their extremities, pulmonary conditions that make breathing difficult in cold temperatures, and for those who cannot convey their discomfort. The risk of frostbite and/or hypothermia for these individuals is very real.

- **We therefore strongly encourage all of our participants to consult their personal physicians before the beginning of the ski season to establish safe skiing condition guidelines and to carefully evaluate the weather conditions prior to their lesson.**

\*Please understand that Holiday Valley must comply with state mandated occupancy restrictions for all of their buildings. Subsequently, we cannot guarantee that we will always be able to bring students into a building to warm up on very cold days, particularly during peak lesson times. Holiday Valley will have “warming tents” set up outside the lodges to handle the overflow if necessary.